

Fat Burning Tea and Coffee Fact Sheet

- Step 1** Decide how much weight/inches you want to lose.
- Step 2** Decide whether you will drink 1 or 2 servings a day.
- Step 3** Coffee or Tea? Decide which one you want to purchase (see below)
- Step 4** Place your order – cost is \$1.42-\$2.50 per serving
depending on which options you choose.
www.ohio.bfreesystem.com
- Step 5** Weigh, Measure, and Drink

Coffee Facts: The coffee needs to be brewed and possibly sweetened and have creamer added.
Don't add own sweetener or creamer because it will negate the thermogenic fat burning results. Brewed coffee packet makes at least 2 or more servings.

Tea Facts: The tea is already sweetened and can just be mixed with hot, warm, or cold water
The tea tastes more like fruit punch than any tea that I have tasted.
Each package of tea makes just 1 serving.

Measure your Success: When you receive your product - be sure to weigh yourself, take pictures, and measure. You need to have a starting point so that you know how much progress you are making.

Not sure you want to go through all the steps yet?

Success Stories - Go to www.ohio.bfreesystem.com & click on "Success Stories"

Research – 26 years of research has gone into creating these products.

- Listen to audio of the actual doctor who created them.

[Http://www.myskinnylatte.com/NewsCast.htm](http://www.myskinnylatte.com/NewsCast.htm)

Coffee Info - <http://www.skinnysciencecoffee.com/>

Tea Info – <http://www.nuvogenetea.com/>

Legal Claims <http://www.nuvogenetea.com/LegalClaims.htm>

Boresha Research Website - <http://www.boresharesearch.com/index.htm>